



Physical Education : Curriculum Overview - Games

Year 8

Term	Topics studied	What will I learn?	How will I be assessed?
Year 8 Autumn	Rugby	Passing and receiving skills applied with increased speed, accuracy and under greater pressure Ball-handling skills to maintain possession using a wider range of strategies Dodging, evading and beating an opponent using more advanced changes of pace and direction Tackling technique (front and side tackles) developed further and applied safely within progressive, game-based situations Kicking as an attacking option to gain territory and support play Principles of attack and defence using a wider range of strategies; finding and using space to change the point of attack Decision-making around passing, tackling and support play to outwit opponents, responding to changing situations within a game Communication and teamwork in small-sided and conditioned games Sport-specific terminology and application of more complex game rules Principles of Play: Possession, Go forward, Support, Continuity and Pressure, applied with growing independence	Assessed through observation of skill replication (passing, ball-handling, tackling, dodging and kicking), tactical decision-making and teamwork during conditioned practices and small-sided competitive games. Progress is judged against criteria covering: replication of core skills; outwitting opponents in attack; understanding of game rules, roles and teamwork; and decision-making and problem-solving. Performance and Aspirational Games groups will have inclusive opportunities to represent the school through fixtures, festivals, tournaments and County Cup competitions, with pathways extending to regional and national competitions. Participation and performance in these competitive environments will contribute to ongoing assessment of students' skill development, tactical understanding, teamwork, resilience and sportsmanship.

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Year 8 Spring	Football	Passing, receiving, dribbling and ball control developed with greater accuracy, speed and confidence under pressure Shooting technique refined using more advanced variations Defending, marking and tackling using more complex strategies Principles of attack and defence; finding, using and denying space Marking, covering and delaying strategies developed further Decision-making around passing, dribbling, shooting and defending, made quickly and efficiently Communication and teamwork in small-sided and directional games Understanding how to work effectively as a team Application of more complex game rules and sport-specific terminology	Assessed through observation of skill replication (control, turns, short and long passing, shooting), tactical decision-making and teamwork in small-sided games and conditioned practices. Progress is judged against criteria covering: replication of core skills; outwitting opponents in attack; understanding of rules, roles, teamwork and cooperation; and development of decision-making and problem-solving. Performance and Aspirational Games groups will have inclusive opportunities to represent the school through fixtures, festivals, tournaments and County Cup competitions, with pathways extending to regional and national competitions. Participation and performance in these competitive environments will contribute to ongoing assessment of students' skill development, tactical understanding, teamwork, resilience and sportsmanship.
Year 8 Summer	Cricket	Batting technique (drive and pull shots) refined for accuracy and placement Bowling technique developed for control, length and line Fielding skills - sending, receiving and positioning to restrict opposition scoring Strategies to outwit opposition through shot selection, bowling and fielding placement Decision-making around shot selection, bowling and fielding strategy, responding to changing situations within a game Communication and teamwork as a batting pair and in the field Sport-specific terminology relating to performers and officials Application of a set of modified game rules, including scoring and umpiring	Assessed through observation of batting, bowling and fielding technique, decision-making and teamwork during skills practices and small-sided competitive games. Progress is judged against criteria covering: replication of core skills; outwitting opponents in an attacking situation; understanding of game rules and team play; and development of decision-making and problem-solving. Performance and Aspirational Games groups will have inclusive opportunities to represent the school through fixtures, festivals, tournaments and County Cup competitions. Participation and performance in these competitive environments will contribute to ongoing assessment of students' skill development, tactical understanding, teamwork, resilience and sportsmanship.
Year 8 Summer	Rounders	Batting technique and shot placement developed for accuracy and control	Assessed through observation of batting, bowling and fielding technique, decision-making and teamwork during skills practices and

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		Bowling technique developed for accuracy, height and trajectory Fielding skills - sending, receiving and positioning to restrict opposition scoring Strategies to outwit opposition through shot selection and fielding placement Decision-making around shot selection and fielding strategy, responding to changing situations within a game Communication and teamwork as a batting pair and in the field Sport-specific terminology relating to performers and officials Application of a set of modified game rules, including scoring and officiating	small-sided competitive games. Progress is judged against criteria covering: replication of core skills; outwitting opponents in an attacking situation; understanding of game rules and team play; and development of decision-making and problem-solving.
Year 8 Summer	Tennis	Grip, stance and footwork refined to support a wider range of shots Forehand and backhand groundstrokes developed for consistency, depth and disguise Volley and serve technique developed, alongside doubles rules and scoring Decision-making around shot selection and court positioning to outwit an opponent, identifying strengths and weaknesses Rallying, communication and teamwork with a partner in doubles play Sport-specific terminology and application of more complex game rules	Assessed through observation of skill execution, shot selection and teamwork during rallies, serving practice and competitive singles and doubles games. Progress is judged against criteria covering: replication of core skills (forehand, backhand, serve, volley, drop shot); outwitting opponents in competitive games; understanding of game rules and teamwork; and development of reflective learners. Performance and Aspirational Games groups will have inclusive opportunities to represent the school through fixtures, festivals, tournaments and County Cup competitions.