



Physical Education : Curriculum Overview - Games

Year 7

Half Term	Topic studied	What will I learn?	How will I be assessed?
Year 7 Autumn	Rugby	Passing and receiving skills Ball-handling skills to maintain possession under pressure Dodging, evading and beating an opponent using changes of pace Tackling technique (front and side tackles) and how to tackle safely Principles of attack and defence; finding and using space Decision-making around passing, tackling and support play to outwit opponents Communication and teamwork in small-sided games Sport-specific terminology and application of modified game rules Principles of Play; Possession. • Go forward Support. • Continuity. • Pressure.	Assessed through observation of skill execution, decision-making and teamwork during passing, tackling and small-sided competitive games. Performance and Aspirational Games groups will have inclusive opportunities to represent the school through fixtures, tournaments and County Cup competitions, with pathways extending to regional competitions. Participation and performance in competitive environments will contribute to ongoing assessment of students' skill development, tactical understanding, teamwork, resilience and sportsmanship.
Year 7 Spring	Football	Passing, receiving, dribbling and ball control Shooting technique Defending, marking and tackling Principles of attack and defence; finding and using space Marking, covering and delaying strategies Decision-making around passing, dribbling, shooting and defending Communication and teamwork in small-sided games Application of modified game rules	Assessed through observation of skill execution, decision-making and teamwork in small-sided games and conditioned practices. Performance and Aspirational Games groups will have inclusive opportunities to represent the school through fixtures, tournaments and County Cup competitions, with pathways extending to regional and national competitions. Participation and performance in competitive environments will contribute to ongoing assessment of students' skill development, tactical understanding, teamwork, resilience and sportsmanship.
Year 7 Summer	Cricket	Batting technique (grip, stance and the forward drive) Bowling action and technique	Assessed through observation of batting, bowling and fielding technique, decision-making and teamwork during skills practices and small-sided competitive games.

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		Fielding skills - sending, receiving and using barriers Decision-making around shot selection, bowling and fielding strategy to outwit opponents Communication and teamwork as a batting pair and in the field Sport-specific terminology and application of modified game rules Warm-up routines and understanding of basic rules and safety	Performance and Aspirational Games groups will have inclusive opportunities to represent the school through fixtures, tournaments and County Cup competitions. Participation and performance in competitive environments will contribute to ongoing assessment of students' skill development, tactical understanding, teamwork, resilience and sportsmanship.
Year 7 Summer	Rounders	Batting technique and shot placement Bowling technique Fielding skills - sending, receiving and using barriers Decision-making around shot selection and fielding strategy to outwit opponents Communication and teamwork as a batting pair and in the field Sport-specific terminology and application of modified game rules Warm-up routines and understanding of basic rules and safety	Assessed through observation of batting, bowling and fielding technique, decision-making and teamwork during skills practices and small-sided competitive games.
Year 7 Summer	Tennis	Grip, stance and footwork Forehand and backhand groundstrokes Serve technique and basic rules/scoring Decision-making around shot selection and court positioning to outwit an opponent Rallying and communication with a partner in doubles play Sport-specific terminology and application of game rules	Assessed through observation of skill execution, shot selection and teamwork during rallies, serving practice and competitive games. Performance and Aspirational Games groups will have inclusive opportunities to represent the school through fixtures, tournaments and County Cup competitions. Participation and performance in competitive environments will contribute to ongoing assessment of students' skill development, tactical understanding, teamwork, resilience and sportsmanship.