Support for children and young people with special educational needs in Hertfordshire.



THE SANDBOX GAMING LIVESTREAM



SUBMIT YOUR QUESTIONS TO BE ANSWERED LIVE BY A THERAPIST





submit your questions



visit our channel

more details sandbox.mindler.co.uk







Sometimes, talking to people who share similar experiences to yours means you're more likely to feel understood and get the support you need.

Autism central is here to help!

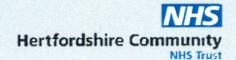
The Autism Central Peer Education Programme is for parents, carers and Personal Assistants of autistic people.

Support is provided by parents and carers of autistic people who are happy to share their knowledge and experience with others.

- We are here to listen, offer guidance and tell you about services that are available in your local area
- Navigate you to services that can make a difference and empower you
- Increase your knowledge, understanding and provide you with skills to last

Request for support





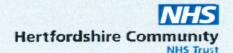
Talking to children and young people about Autism

Parent Carers / Carers Leaflet

MENTAL HEALTH SUPPORT TEAM

Mental Health Support Teams are services designed to meet the mental health needs of children and young people within education settings. We work collaboratively with children, young people, their families, and schools.





The Hertfordshire Local Offer

The Local Offer lets parents and young people know what special educational needs and disabilities services are available in Hertfordshire, and who can access them.



YouTube

This is a helpful video guide to ADHD and autism support in Hertfordshire on the Local Offer website.











LET'S PLAY FOOTBALL

Join Inclusive United at our daytime, weekday sessions, for fun football and social time.

FA Qualified experienced coaches.

Supportive & friendly environment.

Location:

GROVEHILL ADVENTURE
PLAYGROUND
REDBOURN ROAD,
HEMEL HEMPSTEAD
HERTS HP2 7BA



Mondays
10.30am to 11.30am
Hemel Hempstead
Herts

SUITABLE FOR:

- Individuals with mild learning disabilities, additional needs or SEN.
- Aged 18-25
- Male and Female

www.inclusiveunited.co.uk/events

Contact@inclusiveunited.co.uk

Inclusive United Community Interest Company Registered in the UK 14962587.

INCLUSIVE UNITED





Mondays
11.30am to 12.30
Hemel Hempstead
Herts



GET ACTIVE

A FUN MIX OF BALL SKILLS & GAMES FOR ALL ABILITIES

Join Inclusive United at our daytime, weekday sessions, for fun multisports, including some indoor social time with table tennis and snooker.

FA Qualified experienced coaches. Supportive & friendly environment.

Contact@inclusiveunited.co.uk

SESSIONS at:

GROVEHILL ADVENTURE
PLAYGROUND
REDBOURN ROAD,
HEMEL HEMPSTEAD
HERTS HP2 7BA



SUITABLE FOR:

- Individuals with mild learning disabilities, additional needs or SEN.
- Aged 18-25
- Male and Female

BOOK NOW 🔊

www.inclusiveunited.co.uk/events

Inclusive United Community Interest Company Registered in the UK 14962587.



A discount card for family carers and caring friends.





Apply online at

www.carersinherts.org.uk

01992 58 69 69

Charity Registration Number 1085491



Everyday, thousands of people give up their time to help friends and relatives who rely on them. The Carers' Passport gives these amazing people something back, with fantastic offers and discounts on shopping, relaxation, dining and entertainment.

If you provide unpaid care by looking after an ill, frail or disabled family member, friend or partner, then you are a carer and we are here to help you.

We know that caring costs and it can be hard to do the things you want to. With our Carers' Passport, you can do more of what you want. Whether it's joining the gym, having a relaxing massage or having a coffee with friends we've got some great offers for you.

To apply, please complete and return the attached tear off form with a passport size photograph to:

Carers in Hertfordshire,

The Red House, 119 Fore Street,

Hertford, Herts, SG14 1AX.

or apply online in the Carers' Passport section at www.carersinherts.org.uk using the online form.



Are you under 19 and help to care for someone who is ill, disabled, elderly, or misuses drugs or alcohol?





Our Young Carers Service is there for you!





Making Young Corers Count





Our Young Carers Service offers free support including:



- Home, school or virtual visits with you and your family to find out what's important to you and discuss how we can help.
- Activities where you can meet other young carers, have a break from caring, and may even learn new skills or develop existing ones.
- The Carers' Passport Discount Card save money when shopping or out.
- Opportunities to have your say, for example through our Young Carers' Council.
- Information, advice and guidance.

Contact us by calling 01992 58 69 69 Email: young.carers@carersinherts.org.uk Visit our website www.ycih.org

Write to: Carers in Hertfordshire (Young Carers Service), The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX.

Find us at:



@ycherts



@cleveland ycherts



Neurodiversity Support Hub

For Parents, Carers and Professionals

We can offer support, signposting and guidance about a whole range of things including but not limited to:

No Diagnosis Required

- Understanding ADHD/Autism

Distressed Behaviours

Anxiety

- School

The phones are answered by our team of parents and carers of neurodivergent children and

young people



'e Can't:

Give updates/ fast track places on waiting lists

Recommend specific private assessors

O1727 833963 🕓





Open Monday-Friday 9 AM - 1PM

Here to support, reach out for a listening ear 🔞















Are you a Parent, Carer

or



Our friendly groups for parents and carers run monthly during term time.

Whether your child has a diagnosis, you are just starting out on the pathway or are somewhere in between we would love you to join us. These groups are a great way to meet other parents as well as members of the SPACE team.

We will often welcome professional speakers talking about different topics tailored as much as possible to the needs of the group

Hoddesdon Group



First Wednesday of the month St Cuthbert's Church, Whitley Road, Hoddesdon, EN11 OPU 10am - 12pm

Third Tuesday of the month The Kitchen, 198 Watford Road, Croxley Green, Rickmansworth WD3 3DB 7pm - 9pm

Croxley Green Group



Check In and Chat



Third Wednesday of the month Online via Zoom 7pm - 8pm















TUTORING FOR CHILDREN WITH SEND

children and young people. Bespoke to the needs of each individual student.

Face to face and online tuition for all ages in a wide range of subjects.



SUPPORT AND MENTORING

Individual support including counselling, mentoring, coaching, animal assisted interventions, rural care and horticultural experiences.

Bespoke to the needs of the individual.



SPEECH AND LANGUAGE THERAPY

Bespoke therapy to support with speech disorders and communication difficulties. Our qualified SLTs help develop skills such as comprehension, clarity, voice, fluency and sound production.

1-1 THERAPEUTIC AND THERAPY SESSONS



Bespoke interventions tailored to each individual and run by professionals with significant expertise in both their specific areas and working with neurodivergent children and young people.

For more information including pricing and packages available please email: alternativeprovision@spaceherts.org.uk